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[Capsaicin, and related compounds known as capsaicinoids](#); give chilli peppers their heat when they are eaten. The capsaicin in chilli peppers excites pain receptors on your tongues, making chilli taste **hot**.

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The sometimes intensely hot sensation of spice we feel as spiciness comes from a chemical called [capsaicin](#). Commonly found in chile peppers, capsaicin binds to our tongues and causes a painful sensation that we interpret as spicy.

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