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[Sprint Corporation](#) (which did business as Sprint) was an American tele communications company. Before being acquired by T-Mobile US on April 1, 2024, it was the fourth-largest mobile network operator in the United States, serving 54.3 million customers as of June 30, 2024.

[Sprint Corporation - Wikipedia](#) : [wiki : Sprint_Corporation](#)

One of the most well-known benefits of consuming hops is their potential to promote relaxation and improve sleep quality. Hops contain a compound called xanthohumol, which has been found to have a mild sedative effect on the body.

[Can You Eat Hops? Explore the Edible Benefits & Uses](#)

[our-story : news-press : can-you-eat-hops](#)

People who have conditions that are sensitive to estrogen should use caution when taking hops. Some of these conditions include breast cancer and endometriosis. Surgery: Hops might cause too much sleepiness when combined with anesthesia and other medications during and after surgical procedures.